

What is claimed is:

1. An eating utensil comprising:
a handle;
an implement attached to an end of the handle;
a pad circumferentially surrounding a portion of the handle and including a lumen through which the handle extends.
2. The eating utensil of claim 1 wherein the pad is permanently attached to the handle.
3. The eating utensil of claim 1 wherein the pad is removably attached to the handle.
4. The eating utensil of claim 1 wherein the implement comprises a plurality of tines.
5. The eating utensil of claim 1 wherein the implement comprises a spoon.
6. The eating utensil of claim 1 wherein the pad comprises plastic.
7. The eating utensil of claim 1 wherein the pad further includes at least one surface constructed and arranged to accommodate indicia.
8. The eating utensil of claim 1 wherein the pad further includes at least one recess formed to accommodate one or more digit of a user, thereby lessening pressure felt by the one or more digit during use.
9. A method of cutting food using an eating utensil comprising:
providing an eating utensil having a handle, an implement attached to an end of the handle, and a pad circumferentially surrounding a portion of the handle proximal the implement;
orienting the implement such that a side surface of the implement is contacting the food;

pressing on the pad with a digit in a direction toward the food, thereby creating a cutting force between the side of the implement and the surface of the food.

10. The method of claim 9 wherein the step of providing an eating utensil comprises providing a fork having a handle, an implement attached to an end of the handle, and a pad circumferentially surrounding a portion of the handle proximal the implement.
11. The method of claim 9 wherein the step of providing an eating utensil comprises providing an eating utensil having a handle, an implement attached to an end of the handle, and a pad circumferentially surrounding and permanently fixed to a portion of the handle proximal the implement.
12. The method of claim 9 wherein the step of providing an eating utensil comprises providing an eating utensil having a handle, an implement attached to an end of the handle, and a pad circumferentially surrounding and removably attached to a portion of the handle proximal the implement.
13. The method of claim 9 wherein the step of providing an eating utensil comprises providing an eating utensil having a handle, an implement attached to an end of the handle, and a pad circumferentially surrounding a portion of the handle proximal the implement, and having an hourglass shape.
14. The method of claim 9 wherein the step of providing an eating utensil comprises providing an eating utensil having a handle, an implement attached to an end of the handle, and a pad circumferentially surrounding a portion of the handle proximal the implement, and having at least one surface constructed and arranged to accommodate indicia.
15. An eating utensil comprising:
a handle;
an implement attached to one end of the handle;

a means for relieving pressure on a portion of a hand of a user when the user is using an unsharpened surface of the implement to cut food.

16. The eating utensil of claim 15 wherein said means for relieving pressure is operably attached to the handle.
17. The eating utensil of claim 15 wherein said means for relieving pressure circumferentially surrounds the handle.
18. The eating utensil of claim 15 wherein said means for relieving pressure is constructed and arranged to accommodate indicia.
19. The eating utensil of claim 15 wherein said means for relieving pressure includes at least one recess for accepting a digit of the user.
20. The eating utensil of claim 15 wherein said means for relieving pressure comprises plastic.